

CURRICULUM VITAE

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Mental Health Counseling Education and Additional Studies

UNIVERSITY OF ROCHESTER WARNER GRADUATE SCHOOL OF EDUCATION ROCHESTER, NY
Ph.D. in Education with Counseling and Human Development Concentration May 2007

- Doctoral studies and counseling training focused on clinical supervision, psychopathology, advanced theories and therapies in individual and group counseling, multicultural issues in counseling education, and counseling internships.
- Counseling courses included Quantitative Research Methods; Qualitative Research Methods; Program Evaluation; Research in Life-Course Studies; Selected Theories in Human Development, Social and Emotional Development; Counseling Supervision; Advanced Theory, and Research and Practice in Group Work.
- Completion of CACREP accredited Ph.D. program.

IRAN UNIVERSITY OF MEDICAL SCIENCES AND HEALTH SERVICES TEHRAN, IRAN
Master of Science in Psychiatric Nursing, with Major in Education February 1990

- Psychiatric nursing training, training focused on therapeutic communication, psychopathology, principles of counseling, clinical and school counseling, psychological assessment, research methods, advanced statistics, as well as advanced nursing concepts, theories, practices, and techniques.
- Mental health clinical and therapy related courses included individual therapy, group therapy, family therapy, and children and adolescents therapy.

Bachelor of Science in Nursing June 1984

Mental Health Counseling Qualifications, Certifications and Specializations

- Specialized mental health training and clinical experience, working with adult and college student clients, addressing issues pertaining to mental health problems and psychiatric disorders.
- Capacities to transform experience teaching psychopathology, mental health counseling, and psychopharmacology and supervising students, into qualities needed to serve as diagnostician, practitioner and case manager.
- Experience working with patients with acute or chronic mental disorders in psychiatric hospital settings, as well as with youth in individual and group counseling contexts.
- Expertise using Cognitive Behavioral Therapy (CBT) and Existential Therapy in individual and group counseling practice, offering Stress Management Group Counseling based on CBT and Dialectical Behavioral Therapy (DBT).
- Experience supervising graduate counseling students and interns in Community Counseling and School Counseling.
- Inter-disciplinary diversity via experiences in Mental Health Counseling, Psychiatric Mental Health Nursing, School Counseling, nursing, and education.
- Qualified to complete the requirements for New York State Mental Health Counseling License; and current Licensure as Registered Nurse that enables practice in mental health settings; and status as State of NY Registered Nurse, July 2001
- Applied for Endorsement of NY State Professional Registered Nurse License at the State of New Jersey in 2017

Research Experience

ADELPHI UNIVERSITY GARDEN CITY, NY

College of Nursing & Public Health

- “A Preliminary Study of Undergraduate Nursing Students’ Academic Performance in a Mental Health Course.”
(Completed data collection, started the data analysis) **2016-2017**
- “Assessing the relationship between Students’ Self-Regulation Skills and Their Academic Success: A Pilot Test of a Strategic Self-Regulation of Learning Questionnaire (SSRLQ).” **2015-2016**
- "An interprofessional education pilot study for nursing and speech- language pathology students"
2015-2016
- “Assessing College Students’ use of Strategies for the Self-Regulation of Motivation and the Relationship Between Students’ Ego-Identity Status and the Self-Regulation of Motivation.” **2014-2015**

Graduate Student Dissertation Reviewer

- Doctoral Dissertation: Dissertation Defense for Trish Balbert “*Constructive validity of the social styles scale: A self-report measure of counterdependency*”, Derner Institute for Advanced Psychological Studies, Faculty Advisor: Dr. Robert Bornstein, Committee Member: Akhtar Ebrahimi Ghassemi-External Reviewer, November 21, 2017
- Doctoral Dissertation: Dissertation Defense for Catherine Holder “*The Relationship between Self- Attributed Dependency, Acculturative Stress, and other Sociocultural Factors Affecting People of Caribbean Descent*”, Derner Institute for Advanced Psychological Studies, Faculty Advisor: Dr. Francine Conway Committee Member: Akhtar

Ebrahimi Ghassemi-External Reviewer, July 10, 2017

- Doctoral Dissertation: Dissertation Proposal Title: *“Establishing Normative Data for the Rorschach Inkblot Test using R-PAS Protocol for Asian-Americans: Between and Within Group Differences.”* Faculty Advisor: Dr. Jean Chen at Derner Institute for Advanced Psychological Studies, Committee Member: Akhtar Ebrahimi Ghassemi -Outside Reviewer/11/4/2015& served as an external reviewer for the dissertation defense session on 9/05/2017
- Doctoral Dissertation: Dissertation Defense for Jung Rok Shin (2014). *“Religiosity, Spirituality, and the Effects of Activating Subliminal Fantasies of Merger on Perceived Mental Well-being.”* Derner Institute for Advanced Psychological Studies, Committee Member: Akhtar Ebrahimi Ghassemi-External Reviewer, 2014

UNIVERSITY OF ROCHESTER

ROCHESTER, NY

Warner School Doctoral Dissertation Researcher

2005-2007

- Completed all efforts associated with “The effects of ego-identity status, career decision-making autonomy, and parents’ education on career decision-making in community college students.”

Warner School and School of Nursing Research Assistant

2001-2006

- Assisted with Professor Hong Li’s study, “Pilot Study: Creating Avenues for Relative Empowerment (CARE): An Intervention to Improve Outcomes of Hospitalized Elders with Chronic Cognitive Impairment and Their Family Caregivers.”
- Also assisted with full-scale experimental study funded by National Institute of Health (R01), “Empowering Outcomes of hospitalized Elders and Their Family Caregivers.” Involved data collection, subject recruitment and intervention, and mentoring new research assistants, 2003-2006.
- Supported Professor Kathryn Douthit’s narrative and career development research, 2003-2005
- Assisted with research associated with Kauffman Campus Initiative as member of Kauffman Study Group on Entrepreneurship in Education. Involved in “Case-study” research of the Warner Center for Professional Development and Education Reform as an “education enterprise”, 2004-2006.

IRAN UNIVERSITY OF MEDICAL SCIENCES AND HEALTH SERVICES

TEHRAN, IRAN

Graduate Students’ Thesis Advisor

1992-1999

- “Investigation into and comparison of individual, familial, and social characteristics of infertile couples who chose different methods of adaptation to infertility in Tehran. The couples have been referred within the previous year to the Infertility Center affiliated to the Ministry of Health, Treatment, and Medical Education,” 1996-1997.
- “Investigation into effective factors on depression of patients under hemodialysis treatment in Tehran Dialysis Hospitals and Centers,” Tarbiat Moddares University, Tehran, Iran, 1992.

Master’s Thesis

Completed Master’s Thesis: “Investigation into and comparison of parents’ and female adolescents’ attitude about role of adolescent peer group in adolescents’ decision making in Tehran,” Iran University of Medical Sciences and Health Services School of Nursing and Midwifery, Tehran, Iran, 1990.

Mental Health Counseling and Psychiatric Nursing Teaching Experience

KEAN UNIVERSITY, SCHOOL OF NURSING

UNION, NJ

Associate Professor

Present

- Assigned graduate courses: Research in Transcultural Nursing Administration II; Organizational Communication in Transcultural Health Sciences; Transcultural Nursing Administration Practicum II; Capstone Research Course in Transcultural Nursing Administration

ADELPHI UNIVERSITY, COLLEGE OF NURSING & PUBLIC HEALTH

GARDEN CITY, NY

Assistant Professor

2013-2017

- Revised the course syllabus and taught undergraduate blended courses (Evidence-Based Practice and Research)
- Taught undergraduate courses: Mental Health Psychiatric Nursing, Clinical Mental Health Psychiatric Nursing, Evidence-Based Practice and Research in Nursing, Pharmacology II, Integration Seminar II, Integration Seminar III, Integration Seminar IV, Nursing Care of Older Adults, Introduction to Nursing Profession, Stress Management sessions for graduate nursing students and Adelphi University Student Nursing Association (AUSNA)
- Integrated interprofessional education session into Integration Seminar II (Collaborated with a speech-language pathology faculty)

NAZARETH COLLEGE

ROCHESTER, NY
2008-2013**Assistant Professor**

- Taught undergraduate and post-graduate students in the Department of Nursing.
- Created curriculum and syllabus for and taught Mental Health Psychiatric Nursing in a Multicultural Society.
- Revised syllabus and clinical components for and taught Mental Health Psychiatric Nursing in a Multicultural Society Lab. Added Community Mental Health Lab Section to the clinical course to provide a broader experience related to the mental health care continuum.
- Taught Clinical Pharmacology as well as Practicum in Nursing Education (Post-Master's Certificate Program).
- Taught Clinical Pharmacology as well as Practicum in Nursing Education (Post-Master's Certificate Program). *Contemporary Issues in Interprofessional Education Course (500 level course for Graduate and Undergraduate students): Using Case Study Method in Allied Health Care Graduate & Undergraduate Students, 2012*
Developed and integrated nursing sections to the case studies, provided feedback for conceptualizing the holistic case scenarios, and conducted the class session with the interdisciplinary faculty team

UNIVERSITY OF ROCHESTER

ROCHESTER, NY
2004-2005**Warner School Instructor and Adjunct Faculty**

- Instructed graduate courses (Master's level) including: Supervised Internship in Community Counseling I & II, School Counseling I & II, Crisis Counseling and Disaster Mental Health.

Warner School Teaching Assistant

2002-2006

- Taught graduate Counseling Theory and Practice I, Counseling Theory and Practice II, and Counseling and Facilitating in Small Groups courses (Master's level).
- Supervised students in a laboratory setting and helped them develop basic counseling and crisis intervention skills through group supervision and collaborative instructional activities.

IRAN UNIVERSITY OF MEDICAL SCIENCES AND HEALTH SERVICES

TEHRAN, IRAN

Mental Health Psychiatric Nursing Faculty Member, Tenure Position/Academic Rank

1991-1999

- Taught graduate courses including: Principles of Counseling, Family Therapy, Contemporary Concepts and Theories in Nursing, Individual Therapy, Psychopharmacology. Taught undergraduate courses including: Psychiatric Nursing, Mental Health and Psychopathology, General Psychology.

Psychiatric Group Lecturer, Tenure Position

1986-1991

- Taught undergraduate courses including: Mental Health Psychiatric Nursing, General Psychology, Social Psychology.

TABIAT MODARES UNIVERSITY

TEHRAN, IRAN

Visiting Faculty Member

1992-1994

- Taught graduate courses including: Individual Therapy, Family Therapy

SEM NAN UNIVERSITY

TEHRAN, IRAN

Visiting Faculty Member

1990-1992

- Taught Mental Health Psychiatric Nursing course

Mental Health, Clinical Supervision, Psychiatric Nursing, and Therapeutic Experience

ADELPHI UNIVERSITY

GARDEN CITY, NY

Stress Management Instructor

Taught stress management sessions for Adelphi University Student Nursing Association (AUSNA) and graduate nursing students (Nurse Practitioner Program)

2013-2014

NAZARETH COLLEGE

ROCHESTER, NY

Stress Management Counselor and Instructor

2008-2013

- Trained and supervised graduate and undergraduate nursing students to use Stress/Anxiety Management Techniques within clinical practices.
- Conducted Stress Management Workshops on and off campus for Nazareth College community and Centro de Ore a Day Center for Hispanic senior citizens.

UNIVERSITY OF ROCHESTER

ROCHESTER, NY

Counseling Center Mental Health Counseling Intern

2003-2005

- University Counseling Center (UCC) offers time-limited individual and couple therapy, group therapy, and medication management, 24 hour crisis services, consultation, and educational presentations. Licensed professional and

professionals- in- training from variety of mental health disciplines provide a broad range of services to members of the University of Rochester community.

- As an intern, provided individual therapy for 4-5 students per week; focused on assessment, psychiatric diagnoses, and symptom management consistent with Cognitive Behavioral Therapy as well as psychoanalytical approaches.
- Developed and ran structured, cognitive behavior therapy (CBT) based anxiety management group, incorporated mindfulness approach and Dialectic Behavioral Therapy (DBT), implemented for four semester.
- Served as Individual and group supervisor for Master's level graduate students in Counseling Programs.

IRAN UNIVERSITY OF MEDICAL SCIENCES AND HEALTH SERVICES

TEHRAN, IRAN

Psychiatric and Counseling Trainee

1990-1999

- Trained and supervised undergraduate and graduate students in clinical settings in psychiatric, obstetric and gynecology, and medial-surgical departments.
- Completed post-graduate supervised counseling associated with individual, couple, group, and marriage therapy.

GRANTS

- Received Sigma Theta Tau Alpha Omega Chapter Research Scholarship Grant for “*Assessing the relationship between Students’ Self-Regulation Skills and Their Academic Success: A Pilot Test of a Strategic Self-Regulation of Learning Questionnaire (SSRLQ).*”
Awarded: \$750 2015
- Received Adelphi University’s Faculty Development Grant for submitted research proposal entitled: “*Assessing and Predicting College Students’ use of Strategies for the Self-Regulation of Motivation and the Relationship Between Students’ Ego-Identity Status and the Self-Regulation of Motivation.*”
Awarded: \$1185 2014
- Ghassemi, A. E., Applied for funding for the continuation of the CTE grant: “*Engaging Pharmacology and Mathematics Education Students.*” Implemented the proposed program in Fall 2009. The purpose of the grant was to have the workshop leaders to help nursing students with basic math skills for drug calculations.
Proposed Pharmacology Lab as a zero-credit bearing course, 2010. Proposed one-credit hour Pharmacology Calculations course for the undergraduate program, Awarded: \$550 in 2012 2010-2012
- Ghassemi A. E., & Boyd, C. Received funding for the proposed an interdisciplinary grant titled “*Engaging Pharmacology and Mathematics Education Students.*” The grant was sponsored by the Center for Teaching Excellence (CTE). The purpose of the grant was to strengthen the quantitative aspects of the course through recruiting and training the nursing and mathematics education students, coordinating the program, and implementation of the workshops,
Awarded: \$ 750 2009
- Wrote a grant (Health Resources and Services Administration/HRSA) to support the graduate program, Clinical Nurse Leader (CNL) 2009

Selected Mental Health Counseling and Psychiatric Nursing Publications

- **Ghassemi, E. A.** (2017). Interprofessional collaboration between mental health counselors and nurses. *Creative Nursing*, 23 (4), 242-247.
- **Ghassemi, E. A., & Fabus, R.** (2017). "An interprofessional education pilot study for nursing and speech- language pathology students." *Iranian Journal of Nursing and Midwifery Research*, 22 (6), 497-498.
- **Ghassemi, E. A.** (2017). “Assessing College Students’ Ego Identity Status and Their Use of Motivational Regulation Strategies.” *International Journal of Mental Health*, DOI: 10.1080/00207411.2017.1367449
- **Ghassemi, A. E.** (2016). “Innovation in course design: Increasing nursing student engagement and interaction in a course in mental health psychiatric nursing.” *The Journal of New York State Nurses Association*, 44 (2), 20-25.
- Dondrof, K., Fabus, R., & **Ghassemi, E., A.** (2015). "The interprofessional collaboration between nurses and speech-language pathologists working with patients diagnosed with dysphagia in skilled nursing facilities." *Journal of Nursing Education and Practice*, 6 (4), 17-20.
- **Ghassemi, E. A.** (2015). “Nursing Theories: Stress and Adaptation” in *Cancer Survivorship: An Interdisciplinary Team Approach to Care*. New York: Wolters Kuwer.

- Li, H., Melnyk, M. B., McCann, R., Chatcheydang, J., Koulouglioti, C., Nichols, L. W., Mig-Der, L., & **Ghassemi, A.** (2003). Creating avenues for relative empowerment (CARE): A pilot test of an intervention to improve outcomes of hospitalized elders and family caregivers. *Health & Research in Nursing*, 26, 284-299.
- Palandri, M. K. (2000). *Pocket companion for Polaski and Tarra Luckmann's core principles and practice of medical-surgical nursing* (**A. Ebrahimi**, N. Afghani, & N. B. Lankarani Trans). Tehran: Arzandeh Publication. (Original work published?).
- Townsend, M. C. (1997). *A pocket guide for care plan construction: Nursing diagnosis in psychiatric nursing* (A. Davachi Trans. **A. Ebrahimi** Ed.). Tehran: Shahrab. (Original book published 1991).
- Davachi, A., **Ebrahimi, A.**, & Tabaie, S. (1996). *General psychology for nursing, midwifery, and allied health students* (2nd ed.). Tehran: Shahrab.
- Logan, B. B. (1994). *Family-centered nursing in the community* (F. Mehri & **A. Ebrahimi** (Eds.), S. Heroabadi & Associates Trans.). Tehran; Iran University of Medical Sciences Press. (Original work published 1986).
- **Ebrahimi, A.** (1994). Investigation into and comparison of parents and female adolescents' attitude about the role of adolescent peer group in adolescent decision-making. *Quarterly Nursing and Midwifery Journal*, 6, 47- 53.
- Tomey, A. M. (1993). *Guide to nursing management* (M. Ghabeljoo, A. Davachi, & **A. Ebrahimi** Tran. A. Ebrahimi Ed.). Tehran: Shahrab (Original work published 1991).
- **Ebrahimi, A.** (Ed.) (1993). *Nursing in gastrointestinal diseases*. Tehran: Shahrab.
- **Ebrahimi, A.** & Ranjbar, A. (1993). *Teaching easy and painless delivery, and postpartum care*. Tehran: Authors.
- **Ebrahimi, A.** (1993). *Communication, therapeutic communication, and communication patterns in family*. Tehran: Author.
- **Ebrahimi, A.** Salemi, S. (Eds.). (1992). *Radiology sciences for technologists*. Tehran: The Research Deputy of Ministry of Health, Treatment, and Medical Education Press.
- **Ebrahimi, A.** (1991). *Retirement crisis*. Publication Committee of School of Nursing and Midwifery-Iran University of Medical Sciences.
- **Ebrahimi, A.** (1990). Findings: The latest news of clinical research. *Quarterly Nursing and Midwifery Journal*, 4, 14-16.
- **Ebrahimi, A.** (1989). *Family assessment*. Tehran: Iran University of Medical Sciences Press.
- **Ebrahimi, A.** (1989). *Community health nursing and family concepts*. Tehran: Iran University of Medical Sciences Press.
- **Ebrahimi, A.** (1988). Humanistic care of a patient in seclusion. *Quarterly Nursing and Midwifery Journal*, 1, 25-29.
Note: 1) Maiden Name: Akhtar Ebrahimi; 2) The list of edited journal articles and scientific booklets are not included.

Publication Activities

- **Ghassemi, E. A.** "A Preliminary Study of Undergraduate Nursing Students' Academic Performance in a Mental Health Course." (Completed data collection in 2017, started the data analysis) , Anticipated for publication in 2017.
- **Ghassemi, E. A.** (2016). "Assessing Relationship Between Students' Self-Regulation Skills and Their Academic Success: A Pilot Test of Strategic Self-Regulation of Learning Questionnaire." Anticipated for Publication in 2017.
- **Ghassemi, A. E.**, "The effects of ego-identity status, career decision-making autonomy, and parents' education on career decision-making in community college student," Secondary data analysis: anticipated for publication. University of Rochester Warner Graduate School of Education, Rochester, NY.

- **Ghassemi, A. E.**, Co-author and assisted with writing of draft article on dementia, “*A Pilot Test of an Intervention to Improve Outcomes of Hospitalized Elders with Chronic Cognitive Impairment and Family Caregivers*,” University of Rochester School of Nursing, 2005
- Edited and reviewed articles for publishing in *Quarterly Nursing and Midwifery Journal* (**Faculty Publication Committee Chair**), Iran University of Medical Sciences and Health Sciences School of Nursing and Midwifery, Tehran, Iran 1991-1995
- Wrote, compiled, translated and edited over 10 scientific booklets, 10 textbooks in fields of mental health and nursing, and over 70 articles in *Quarterly Nursing and Midwifery Journal*, Iran University of Medical Sciences and Health Sciences School of Nursing and Midwifery, Tehran, Iran, 1987-1999

Selected Mental Health Counseling Presentations

- “Cognitive Neuroscience, Adaptive Learning and Innovative Teaching Methods: Increasing Student Learning Outcomes.” *The 44th Sigma Theta Tau International (STTI) Biennial Convention*, abstract is accepted (28 October - 01 November 2017)(**Peer-Reviewed**).
- “Neuroscience in Research, Teaching, and Practice” *Panel presentation, Campus Connect*, Adelphi University, Garden City, NY March 29, 2017
- “Interprofessional Education and Practice” *Panel Presentation, Campus Connect*, Adelphi University, Garden City, NY March 8, 2017
- “Assessing the relationship between Students’ Self-Regulation Skills and Their Academic Success: A Pilot Test of a Strategic Self-Regulation of Learning Questionnaire (SSRLQ).” *STTI Sponsored Research Presentation, Alpha Omega Chapter of Sigma Theta Tau International* (CE: 1 contact hour) Adelphi University, Garden City, NY February 27, 2017
- “Assessing College Students’ Ego-Identity Status and Their Use of Motivational Regulation Strategies.” Research Council, College of Nursing & Public Health Adelphi University, Garden City, NY December 5, 2016
- “Assessing College Students’ Ego-Identity Status and Their Use of Motivational Regulation Strategies.” *American Association of Colleges of Nursing, 2016 Baccalaureate Nursing Education Conference*, Innovating Nursing Education to Improve Health of Nation, Anaheim, CA, (**peer-reviewed**), November 17-19, 2016
- “Adaptive Learning, Neuroscience of Learning, and Innovative Teaching Methods: Increasing Student Learning in a Mental Health Course.” *New York League of Nursing & Sigma Theta Tau International Honor Society of Nursing Conference*, Tricks, Treats, & Technology: Tips to Engage and Inspire Students– Dobbs Ferry, N.Y. (**peer-reviewed**) October 28-29,2016
- Presented “Cultural Competency” for Chinese nursing faculty and students at Semmelweis University, Budapest, Hungary in August 2009.
- “The Effects of Ego-Identity Status, Career Decision-making Autonomy, and Parents’ Education on Career Decision-Making in Community College Students,” at *North Atlantic Regional Association for Counselor Educators and Supervisors (NARACES) 2008 Conference*, Portland, ME, September 19-21, 2008. (**Peer-Reviewed**)
- “21 Century Career Counseling: Neuroscience of Career Decision-Making.” *2005 annual Association for Counselor Education and Supervision (ACES) Conference*, Pittsburg, PA, 2005. (**Peer-Reviewed**)
- “Cognitive Behavior Therapy and Theoretical Integration.” *2004 North Atlantic Regional Association for Counselor Educators and Supervisors (NARACES) Conference*, 10/15/04-10/17/04, Mystic, CT, 2004. (**Peer-Reviewed**)
- “Evaluating the Professional Development for Teachers Implementing a New Preschool Curriculum,” *2004 Annual American Evaluation Association (AEA), a National Conference*, Atlanta, GA, 2004. (**Peer-Reviewed**)
- “Liberation in Psychotherapy: Applications in Career Counseling,” *2003 North Atlantic Regional Association for Counselor Educators and Supervisors (NARACES) Conference*, 10/18/10-10/20/10, Rochester, NY, 2003. (**Peer-Reviewed**)

Selected Mental Health Psychiatric Nursing Presentations

- “A Preliminary Study of Interprofessional Education and Collaboration in Swallowing Disorders.” *NYSSLHA Convention- Saratoga, NY*, (**peer-reviewed**)/Co-presented April 8-9, 2016
- “Interprofessional Education: A Bridge to Quality of Patient Care.” *11th Annual Leadership Conference*, Alpha Omega Chapter of Sigma Theta Tau International & Adelphi University College of Nursing and Public Health, Garden City, NY, (**peer-reviewed**) April 30, 2015
- “Interprofessional Education Workshop” Sponsored by Faculty Center for Professional Excellence and Center for Health Innovation, Adelphi University, Garden City, NY December 10, 2014
- “Innovation in Course Design: Increase Nursing Student Engagement and Interaction Teaching Innovation in Nursing Courses,” at Rochester Institute of Technology (RIT) *Faculty Institute on Teaching and Learning (FITL) Conference*,

2012. **(Peer-Reviewed)**

- “Social Technology” and “Distance Learning and Classifications of Simulators,” *2010 Summer Summit: “Innovations in Teaching, Impact of Technology & Global Perspectives for Health Care Professionals*, Nursing Department”, Nazareth College of Rochester, 2010.
- “Teaching Innovation in Mental Health Psychiatric Nursing Clinical Course and Teaching Philosophy” on June 16, 2009 at *2009 Summer Summit: Leadership and Technology in Nursing Education*, June 15th and June 16th, Nursing Department, Nazareth College of Rochester, 2009.
- “Teaching Innovation in Mental Health Psychiatric Nursing Clinical Course” at Rochester Institute of Technology (RIT) *Faculty Institute on Teaching and Learning (FITL) Conference*, 5/27/09 & 5/28/09, 2009. **(Peer-Reviewed)**.
- “Humanistic Counseling Theory and Research,” Iran University of Medical Sciences and Health Services School of Nursing and Midwifery, summer 2005. **(Invited)**

Selected Mental Health and Psychiatric Nursing Professional Development

- “LGBTQ Youth, Young Adults in School, College, careers”, American Counseling Association, Certificate of Continuing Education (1 contact hour), June 30, 2017
- “Every Nursing Program Is Unique: Learn how to Optimize Yours”, National League of Nursing (NLN) (1 contact hour), June 15, 2017
- “Developmental Approaches in treating Addiction” American Counseling Association, Certificate of Continuing Education (1 contact hour), April 30, 2017
- “Unique Ethical Challenges Facing New Faculty” American Counseling Association, Certificate of Continuing Education (1 contact hour), March 19, 2017
- “Career Counseling: A life Career Perspective”, American Counseling Association, Certificate of Continuing Education (1 contact hour), February 5, 2017
- “Male Sensitive Couple Counseling”, American Counseling Association, Certificate of Continuing Education (1 contact hour), January 12, 2017
- “DSM-5 Structural, Philosophical, and Major diagnostic Changes”, American Counseling Association, Certificate of Continuing Education (1 contact hour), December 27, 2016
- “Tricks, Treats, & Technology: Tips to Engage & Inspire Students”, New York League for Nursing and Zeta Omega-at-Large Chapter of Sigma Theta Tau International, Mercy College, (6 contact hours) Dobbs Ferry, NY, October 28-29, 2016
- “Gestalt Therapy”, American Counseling Association, Certificate of Continuing Education (1 contact hour), October 30, 2016
- Long Island consortium of ATTI Founders’ Day Celebration: “Creating a Culture of Health: Where are We and Where We Might Be”, Certificate of Continuing Education (1 contact hour), October 10, 2016
- Faculty Center for Professional Development (FCPE) Workshop: “Online Teaching”, September 2016
- “Values and Ethics in Counseling”, American Counseling Association, Certificate of Continuing Education (1 contact hour), June 25, 2016
- “Compassion Fatigue: A consequence of Caring”, Alpha Omega Chapter of STTI, Certificate of Continuing Education (1 contact hour), February 29th, 2016
- EMS: “Legal and Ethical Issues in School Counseling”, 1 hour -completed 1/1/2016
- Faculty Center for FCPE Workshop: *Introduction to Blended Teaching & Learning for the Blended-Curious Led by Dr. Belle Gironda*, 11, 12, 2015
- Faculty Center for Professional Excellence (FCPE) Workshop: “Improving Student Accessibility to Course Materials” (Google Doc, etc.), 11/10/2015
- FCPE Workshop: *Moodle and Online Collaborative Spaces for Teaching Workshop*, 11/3/2015

- Annual Leadership Conference: “Building Alliances: Cultivating Leadership.” Certificate of Continuing Education (5.75 contact hours), April 30, 2015

- “Ethical Issues in Multicultural Counseling”, American Counseling Association, Certificate of Continuing Education (1 contact hour), February 28, 2015
- “Critical Thinking for RNs in a Fellowship Program.” Adelphi University, Certificate for Continuing Education, 1 contact hour), February 9, 2015
- “When Treatment Become Trauma: Defining, Preventing, and Transforming Medical Trauma”, American Counseling Association, Certificate of Continuing Education (1 contact hour), January 31, 2015
- “Motivational Teaching Strategies: Enhancing Student Learning”, American Association of College of Nursing, Certificate of Continuing Education, (1 contact hour), October 14, 2014

- “*Course Work or Training in Test Writing Workshop Part II*” Adelphi University, Certificate of Continuing Education (2 contact hours), October, , 2014
- “*The Effectiveness of Brief Strategic Family Therapy With At Risk African American Adolescent*”, American Counseling Association, Certificate of Continuing Education (1 contact hour), October 1, 2014
- “*Exploring Body-Mind Connection: Therapeutic Practices and Techniques*”, American Counseling Association, Certificate of Continuing Education (1 contact hour), August 11, 2014
- “*Why Can’t We Be Friends? Maintaining Confidentiality in the age of Public Access*”, American Counseling Association, Certificate of Continuing Education (1 contact hour), June 21, 2014
- “*118 reasons to Use Aromatherapy Hand Massage for Chronic Pain*” Adelphi University, Certificate of Continuing Education (2 contact hours), March, 03, 2014
- “*How Computerized Adaptive Quizzes and Electronic Health Records can Strengthen Active Learning.*” Lippincott William & Wilkins (2 contact hours), February 28, 2014
- “*Qualitative Research Methods*” American Counseling Association, NARACES Research Community Call, 7 eastern time, January 26, 2014

- “*Postpartum Depression: What Counselors Need to Know?*”, American Counseling Association, Certificate of Continuing Education (1 contact hour), January 2014
- “*Course Work or Training in Test Writing Workshop Part I*” Adelphi University, Certificate of Continuing Education (2 contact hours), October, 26, 2013
- “*Mail Merge Mania*”, Adelphi University, Information Technology (1 contact hour), August 2013
- “*EMS Calendar*”, Adelphi University, Information Technology (1 contact hour), August 2013
- “*Google Docs*”, Adelphi University, Information Technology (1 contact hour), August 2013
- “*How Have the Wars in Afghanistan and Iraq impacted the Troops, Their Families, and the Mental Health Community?*”, American Counseling Association, Certificate of Continuing Education (1 contact hour), July 31, 2013
- “*Digital Confidentiality: A Holistic Security Model for Counselors.*”, American Counseling Association, Certificate of Continuing Education (1 contact hour), June 29, 2013
- “*Reducing plagiarism through assessment design.*” Webinars on Plagiarism Advice, Plagiarism Advice.org (1 contact hour), June 5, 2013
- “*Counseling for Wholeness: Integrating Holistic Wellness into Case Conceptualization and Treatment Planning*”, American Counseling Association, Certificate of Continuing Education (1 contact hour), May 30, 2013
- “*Course Work or Training in Test Writing Workshop Part II*” Adelphi University, Certificate of Continuing Education (2 contact hours), February, 19, 2013
- “*Methods and Pitfalls of Citation Analysis and Its Tools*” Adelphi University, Certificate of Continuing Education (2 contact hours), January, 22, 2013
- “*Ethics and Legal Issues for Group Work*” American Counseling Association, Certificate of Continuing Education (1 contact hour), November 29, 2012
- “*Debriefing Techniques in Simulation*” American Association Colleges of Nursing (AACN), Certificate of Continuing Education (1 contact hour), October 16, 2012
- “*Assessment and Treatment of Insomnia in adults: a Guide for Clinicians*” American Counseling Association, Certificate of Continuing Education (1 contact hour), October 9, 2012
- “*2012 North Atlantic Region for Counselor Education and Supervision Conference*” Niagara Falls, New York, (17 contact hours), September 27-30th, 2012
- “*Clinical Incidents in Military System: Systemic Case Analysis.*” American Counseling Association, Certificate of Continuing Education (6 contact hours), Presented March 21, 2011, Reviewed for ACA online CE course on July 6, 2012.
- “*Social Media and Counselors: The Hows, the Whys, the Shoulds, and the Whatfores.*” American Counseling Association, Certificate of Continuing Education (6 contact hours), Presented March 21, 2011, Reviewed for ACA online CE course on June 27, 2012.
- “*Models of Sexual and Relational Orientation: A Critical Review and Synthesis.*” American Counseling Association, Certificate of Continuing Education (1 contact hour), June 4, 2012.
- “*Existential Therapy.*” 6/04/2012, American Counseling Association, Certificate of Continuing Education (1 contact hour), June 10, 2012.
- “*Faculty Development: Facilitation Methods in Simulation.*” 2/13/12, American Association of Colleges of Nursing (AACN), 2012 Webinar Series (1 contact hour), 2012.
- “*Self-Determination Theory, Motivation, and Psychotherapy Carl Roger’s Idea of Self-Concept.*” Sponsored by Rochester Area Person-Centered Association (RAPCA), (2 contact hour) 4/28/11, Saint John Fisher College, Rochester, NY, 2011.

ADMISTRATIVE EXPERIENCE

Adelphi University, Garden City, New York

- Chair of Task Evaluation Committee Undergraduate Force Spring 2016-2017
- Chair of College of Nursing & Public Health Full Faculty Committee (FFC) Fall 2015-2017
Developed and communicated meeting agenda and led the FFC meetings
- Chair of Academic Testing Institute (ATI) Ad hoc Committee Spring 2014

Nazareth College, Rochester, New York

- Attended in *NYS Council of Deans Meeting*, on behalf of Nursing Department Chair, Albany, NY, April 15-16 2010

Post-Master's Certificate Program Director, Nazareth College, Rochester, NY 2009

- Co-revised the program and submitted the proposal to NYSNA

Nursing Education Summer Summits Organizer, Nazareth College, Rochester, NY 2009-2010

- Initiated, organized, and directed professional development for nursing faculty and local nurse educators
- Developed, organized, and submitted the application for 2009 Nursing Education Summer Summit to the NYSED, and received approval for conducting the professional development program

Course Coordinator, Nazareth College, Rochester, NY 2008-2013

- Coordinated Clinical Pharmacology and Mental Health Courses.
- Served as a lead faculty for the mental health clinical faculty team
- Mentored new adjunct and part-time faculty members
- Developed and revised graduate and undergraduate course syllabi

Publication Committee Chair, Iran University of Medical Sciences and Health Services

School of Nursing and Midwifery, Tehran, Iran

1991-1995

- Served as a Co-Editor and Editorial Review Board member for nursing research manuscripts submitted for publication in *Quarterly Nursing and Midwifery Journal*, Iran University of Medical Sciences and Health Services School of Nursing and Midwifery, Tehran, Iran, 1987-1999. The research manuscript topics included medical-surgical, psychiatric, maternity, community health, and pediatric nursing sub-specialties and midwifery.
- Organized publication of *Quarterly Nursing and Midwifery Journal*, scientific books, and nursing booklets for the School of Nursing and Midwifery
- Developed a strategic plan to achieve goals of the Publication Committee and worked with the committee faculty members to reach those goals
- Served as a writing and publication consultant in the fields of Nursing and Midwifery to promote a nationwide initiative of nursing publications
- Organized exhibition and marketing of nursing and midwifery publications at the Tehran Annual International Book Fair
- Collaborated with the Research Committee on different research projects, developed graduate research policies and procedures, Iran University of Medical Sciences and Health Services School of Nursing and Midwifery, Tehran, Iran
- *Director of Professional Development for Psychiatric Hospitals*
Iran University of Medical Sciences and Health Services, Tehran, Iran 1987-1988
- Developed in-service psychiatric nursing education for the nurse managers and nursing staff at the Psychiatric Hospitals
Educational Supervisor, Motahari Hospital, Jahrom, Iran 1985-1986

PROFESSIONAL ACTIVITIES AND COMMITTEE MEMBERSHIP*Kean University, Union, NJ*

- Serving as a member of Doctoral Dissertation Committee at School of Nursing

- Serving as a member of University Graduate Curriculum Committee

Adelphi University, Garden City, NY

- Serving as a member of University Scholarship Committee Fall 2016-2017
- Serving as a Chair of Evaluation Committee Undergraduate Task Force Spring 2016-2017
- Serving as a Full Faculty Committee Chair Fall 2015-2017
- Serving as a member of March Of Dimes Committee Fall 2015-2017
- Serving as a member of Clinical Advisory Board Fall 2014-2017
- Serving as the Chair of ATI Ad hoc Committee Spring 2014-2017
- Serving as a member of University Assessment Committee August 2013-2017
- Serving as a member of evaluation committee, College of Nursing & Public Health August 2013-2017
- Serving as a member of research council, College of Nursing & Public Health September 2013-2017

Nazareth College, School of Health and Human Services, Rochester, NY

- Served as a member of the interdisciplinary undergraduate minor in Interfaith Studies. Contributed to the program approval process 2010-2013
Served as a member of undergraduate research committee, representing the School of Health and Human Services 2010-2013
- Served as a member of PKAL Grant Steering Committee Participated in selecting process of the proposals, provided feedback for the grant, and completed Steering Committee Charter 2009
- Collaborated with the director of Graduate Studies Office in preparing a Medical Interpreter proposal 2009
- An active member of Nursing Curriculum Committee 2008-2013
- Took a leadership role in designing and developing the Clinical Nurse Leader (CNL) Graduate Program 2008-2011
- Reviewed and revised the Post-Master's Certificate Program in Nursing Education and earning approval for the revised program from NYSNA 2010
- Participated in re-designing, planning, and evaluating a new version of RN/BS program and provided input 2009-2010
- Served as a designated attendee at the AACN Clinical Nurse Leader programs and conferences 2008-2011
- Revised the entire undergraduate nursing program in nursing Curriculum Committee 2008-2012
- Reviewed undergraduate nursing courses based on the AACN Baccalaureate Essential Document and contributing to the writing the executive summary for Nursing Curriculum Retreat Session 2011-2012
- Actively contributing to the Nursing Curriculum Retreat programs
- Reviewed undergraduate nursing courses based on core competencies identified in the NLN Standards of Care and Scope of Practice and provided oral and written input for the Nursing Curriculum members 2012
- Developed the syllabus for Terminology for Health Care Professional course and proposed to former Chair of Nursing Department and Nursing Curriculum Committee (2009). Health Care Terminology course (one credit hour) is integrated in the undergraduate nursing program since 2009.
- Created and restructured Clinical Pharmacology course syllabus (Summer 2009 and Summer 2011), Suggested the textbook, *Calculate with Confidence*, to be used across the undergraduate nursing courses
- Created and developed the syllabus for Pharmacology Calculations for Nurses course (one credit hour), proposed the course to the Nursing Curriculum Committee, and the course has been incorporated in the approved transfer plan for the undergraduate program (effective Fall 2012)

Iran University of Medical Sciences and Health Sciences, School of Nursing and Midwifery, Tehran, Iran

- A member of Problem-Based Learning Committee, Mental Health Psychiatric Nursing Department 1997-1999
- A member of National Nursing Curricula Revision Committee 1995-1997
- An active member of Publication Committee 1995-1999
- Publication Committee Chair 1991-1995
- An Active member of Publication Committee 1986-1999
- A member of Mental Health Psychiatric Nursing Faculty Group 1986-1999

Membership in Professional Organizations

- American Counseling Association (ACA), Reviewer for ACA online CE courses
- North Atlantic Regional Association for Counselor Educators and Supervisors (NARACES).

- American Counseling and Supervision Association (ACES)
- American Association Colleges of Nursing (AACN) Leadership Fellow (the *Leadership for Academic Nursing Program/LANP*, 2008-2009)
- American Association Colleges of Nursing (AACN)
- National League for Nursing (NLN)
- Eastern Nursing Research Society (ENRS)
- New York League of Nursing (NYLN)
- Sigma Theta Tau International Honor Society of Nursing, Alpha Omega Chapter (A Board Member)

Languages and Cross-cultural Sensitivities

- Persian/Farsi and English fluency
- Turkish (conversational capabilities)
- Arabic (reading capabilities)